

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

SCHEDULES	SESSION 1	SESSION 2	SESSION 3	SESSION 4
Dates	Saturday, October 13, 2012	Saturday, October 13, 2012	Sunday, October 14, 2012	Sunday, October 14, 2012
Coaches' Meeting	7:45 AM – Coaches' packet at Clerk of Course.	as needed	as needed	as needed
Officials' Meetings	8:15 AM	45 minutes before start of competition	8:15 AM	45 minutes before start of competition
Warm-ups	8:00 AM	Immediately following conclusion of Session 1	8:00 AM	Immediately following conclusion of Session 3
Timed Finals	9:00 AM	One hour after start of warm-ups	9:00 AM	One hour after start of warm-ups
Positive Check-in Deadline: 400 IM/500 free		Will be announced during warm-ups	Will be announced during warm-ups	

#### MEET DIRECTOR:

Joan Schleh

- · jsschleh@yahoo.com
- 360 424 4112

#### **MEET REFEREE:**

**Bailey Shewchuk** 

- shewchukb@yahoo.com
- 360-224-0331

#### LOCATION AND DIRECTIONS

Arne Hanna Aquatic Center 1114 Potter Street Bellingham, Washington

**Directions:** From I-5 Northbound: Take Lakeview Dr exit #253. Off exit, go straight through two stop signs on Potter St. The aquatic center is on the right hand side by the grade school.

#### **FACILITY**

- · 25 yard, 8-lane competitive pool
- Starting end 6.0 feet deep; turning end 3.5 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- Warm-up pool: 15 yard x 10 yard diving tank
- Spectator seating
- Colorado electronic timing
- Scoreboard 8 lane LED display
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- · Please: no street shoes on deck!

#### **ONSITE AMENITIES**

Vendor: Swim2000
Heat Sheets: \$5.00
Results on PNS web site
Concessions: Blackfish Specials!

- Hospitality: Snack breakfast, full lunch, and other snacks for coaches and officials only.
- · Parking adjacent to pool

#### TEAMS:

- · Bellingham Bay Swim Team
- Gold's Aquatic Club
- · Mighty Marlins Swim Club
- North Whidbey Aquatic Club
- Storm Aquatics
- Thunderbird Aquatic Club
- · Tigersharks Swimming

#### **ELIGIBILITY**:

- All swimmers must be registered with USA Swimming and Pacific Northwest Swimming through one of the teams listed above.
- Age groups are based on the age of the swimmer as of the first day of the meet.
- Age groups for competition will be 8&under, 9-10, 10&under, 11-12, 13-14, and 15&over. See Order of Events.

#### **ENTRY INFORMATION:**

- Each swimmer may enter up to a maximum of eight (8) individual
  events over the course of the meet but no more than four (4) individual
  events on any one day. Entries exceeding this limit will be scratched
  without notification, and entry fees for entry count limitation scratches
  will not be refunded.
- On-deck USA Swimming registration will not be permitted. On-deck transfer to one of the listed teams will not be permitted.
- Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points. Deck entry fees must be paid prior to the swim.
- Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through PNS and



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complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.

 All USA Swimming registration numbers will be verified with the PNS registration database.

#### **ENTRY FEES:**

Surcharge: \$5.00

· Deck entry surcharge: \$10.00 (swimmer not previously in meet)

Individual Event: \$4.00Relay: \$12.00

 No refunds or credits will be given for events entered but not swum; no event swapping.

· All fees must accompany entries.

#### AWARDS AND SCORING:

- Individual events: Ribbons 1st thru 8th places. Scoring: 9-7-6-5-4-3-2-1
- Relay events: Ribbons 1st thru 8th places. All relays eligible for scoring. Scoring: 18-14-12-10-8-6-4-2

#### **MEET RULES:**

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- Relay events: Teams are encouraged to pre-enter relays. All relays, whether pre-entered or deck-entered, are eligible for scoring and awards. Each swimmer may not compete on more than one (1) relay team per day.
- · Distance events:
  - 10&U: The 500 freestyle will be pre- seeded and swum combined girls and boys,swum slowest to fastest, and awarded separately by gender. Swimmers must provide their own counter (if desired).
  - 11-12: The 400 IM and 500 freestyle events will be pre-seeded single-gender events and swum slowest to fastest. 500 freestyle swimmers must provide their own counter (if desired).
  - 13&O: The 400 IM and 500 freestyle events will be deck-seeded, with all heats being swum fastest to slowest, combined girls and boys. Positive check-in prior to the check-in deadline is required to swim. Swimmers must provide their own timers and counters (if desired) for these events; lanes with no timer go unprotected.

#### WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last 25 minutes of each warm-up period:
  - Lanes 1 & 6 pace lanes, no diving
  - Lanes 2 & 5 sprint lanes, dive starts, return in lanes 3 & 4
  - · Lanes 3 & 4 general warm-up, no diving
  - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

#### SAFETY:

 No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.

- · Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming member coach and may not enter the water at any time unless under the supervision of said coach. The Meet Director or Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee
- Any swimmer entered in the meet must be certified by a USA
   Swimming member coach as being proficient in performing a racing
   start or must start each race from within the water. When
   unaccompanied by a member-coach, it is the responsibility of the
   swimmer or the swimmer's legal guardian to ensure compliance with
   this requirement.

#### OTHER NOTES:

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on deck.
   All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.

#### **ENTRY SUBMITTAL INFORMATION:**

Entries will be only be accepted upon receipt of <u>all</u> of the following prior to the entry deadline, October 3, 2012:

- 1. Entry File from Team Manager or equivalent.
- 2. **Meet Entry Reports** for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.
- 3. Meet Entry Fee Report from Team Manager or equivalent.
- 4. **Master Entry Summary Form**—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
- 5. **Meet Entry Fees**—one check payable to the Bellingham Bay Swim Team.



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#### **Submittal Formats:**

- Electronic files: email items #1, #2, and #3.
- Hardcopies: mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.
- To ensure correct entries, teams that do not have Team Manager or equivalent software can use Hy-Tek Lite to complete and submit entries for this meet. It is available at http://www.hy-tekltd.com/ downloads/html at no charge.

#### **Submittal Notes:**

- · Late, incomplete, or paper entries will not be processed.
- Relay-only swimmers must be listed on the Meet Entry Report or equivalent, and appropriate surcharges must be included with the entry.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline except deck entries.
- All entry times must be SCY (short course yards). Non-conforming and converted times are not allowed.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- · Mail entries to:

Carolyn Hawley 17308 Cimarron Lane Bellingham, WA 98229 Phone 360-393-5934 (cell), 360-392-1609 (work)

- Email entries to: Carolyn.hawley@ch2m.com
- Meet Entry Contact/Questions: Same as above

SESSION 1 - SAT A M



### 2012 OCTOBER CHALLENGE Order of Events

10 Under, Girls 11-12			
Event #	Event	Age Group	
1,2	200 Free	10U	
3	200 Free	G11-12	
5,6	200 Medley Relay	10U	
7	200 Medley Relay	G12U	
9, 10	50 Free	10U	
11	50 Free	G11-12	
13	200 Breast	G11-12	
15, 16	50 Fly	10U	
17	50 Fly	G11-12	
19	200 Backstroke	G11-12	
21, 22	50 Breast	10U	
23	50 Breast	G11-12	
25	200 Butterfly	G11-12	
27,28	50 Back	10U	
29	50 Back	G11-12	
31	400 IM	G11-12	

### Session 2 – SAT P.M. Boys 11-12, 13 & Over

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200 Free	B11-12
200 Free	13 - Over
200 Medley Relay	B11-12
200 Medley Relay	G13 - Over
200 Medley Relay	B11 - Over
50 Free	B11-12
50 Free	13 - Over
200 Breast	B11-12
200 Breast	13 – Over
50 Fly	B11-12
50 Fly	13 - Over
200 Back	B11-12
200 Back	13 - Over
50 Breast	B11-12
50 Breast	13 – Over
200 Fly	B11-12
200 Fly	13 – Over
50 Back	B11-12
50 Back	13 - Over
400 IM	B11-12
400 IM - Mixed	13-Over
	200 Free 200 Medley Relay 200 Medley Relay 200 Medley Relay 200 Medley Relay 50 Free 50 Free 200 Breast 200 Breast 50 Fly 200 Back 200 Back 50 Breast 50 Breast 200 Fly 50 Back 400 IM

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GIRLS 11-12, 13 - C	OVER
SESSION 3 - SUN A	A.M.

GIRLS 11-12, 13-0VER			
Event #	Event	Age Group	
71	200 IM	G11-12	
73*, 74*	200 IM	13 – Over	
75	200 Free Relay	G11-12	
77	200 Free Relay	G11 – Over	
78	200 Free Relay	B13 – Over	
79	100 IM	G11-12	
81*,82*	100 IM	13 – Over	
83	100 Free	G11-12	
85*,86*	100 Free	13 – Over	
87	100 Fly	G11-12	
89*,90*	100 Fly	13 – Over	
91	100 Breast	G11-12	
93*,94*	100 Breast	13 – Over	
95	100 Back	G11-12	
97*,98*	100 Back	13 – Over	
99*	500 Free	G11-12	
100**	500 Free - Mixed	13-Over	

### SESSION 4 – SUN P.M. 10 UNDER, BOYS 11-12

101,102	200 IM	10U
104	200 IM	B11-12
105, 106	200 Free Relay	10U
108	200 Free Relay	B12U
109, 110	100 IM	8U
111, 112	100 IM	9-10
114	100 IM	B11-12
115, 116	25 Free	8U
117, 118	100 Free	10U
120	100 Free	B11-12
121, 122	25 Fly	8U
123,124	100 Fly	10U
126	100 Fly	B11-12
127, 128	25 Breast	8U
129 ,130	100 Breast	10U
132	100 Breast	B11-12
133. 134	25 Back	8U
135,136	100 Back	10U
138	100 Back	B11-12
139***	500 Free - Mixed	10U
140	500 Free	B11-12

Individual event entry limits: 8 events for the weekend with maximum of 4 per day.

<sup>\* 13</sup> and over age groups swam together, scored separately 13-14, 15 and over

<sup>\*\* 13</sup> and over age groups and gender swam together, scored separately by gender and age (13-14 and 15 and over.)

<sup>\*\*\* 10</sup> and under genders swum together, scored separately by gender



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#### MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:				
TEAM CODE:			LSC CODE:	
			HOME	
COACH:			PHONE:	
EMAIL ADDRESS	S:		OFFICE PHONE:	
TEAM MAIL ADDRESS:			CELL PHONE:	
CITY, STATE, ZI	P:		POOL PHONE:	
ENTRY				
INFORMATION PREPARED BY:			PHONE:	
	SURCHARGE: INDIVIDUAL EVENTS:	X \$5.00	\$	
[	MIL	EET ENTRY FEES ENCLO	JOED.	
	INDIVIDUAL EVENTS:	X \$4.00	\$	
	RELAYS:	X \$12.00	\$	
		TOTAL:	\$	
THE FOLLOWING	ayable to Bellingham Bay	SIGNED:	(110.4.0	
I attest that all swimn	ners entered hereon are prop	erly registered athlete members	of USA Swimming,	Inc.
Signature of Coach or Team Representative		Date	PI	hone Number
Important Note: Un	on processing of the pre-mee	et exception report. PNS will regi	ster as a full-vear U	JSA Swimming athlete memb

**Important Note:** Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.